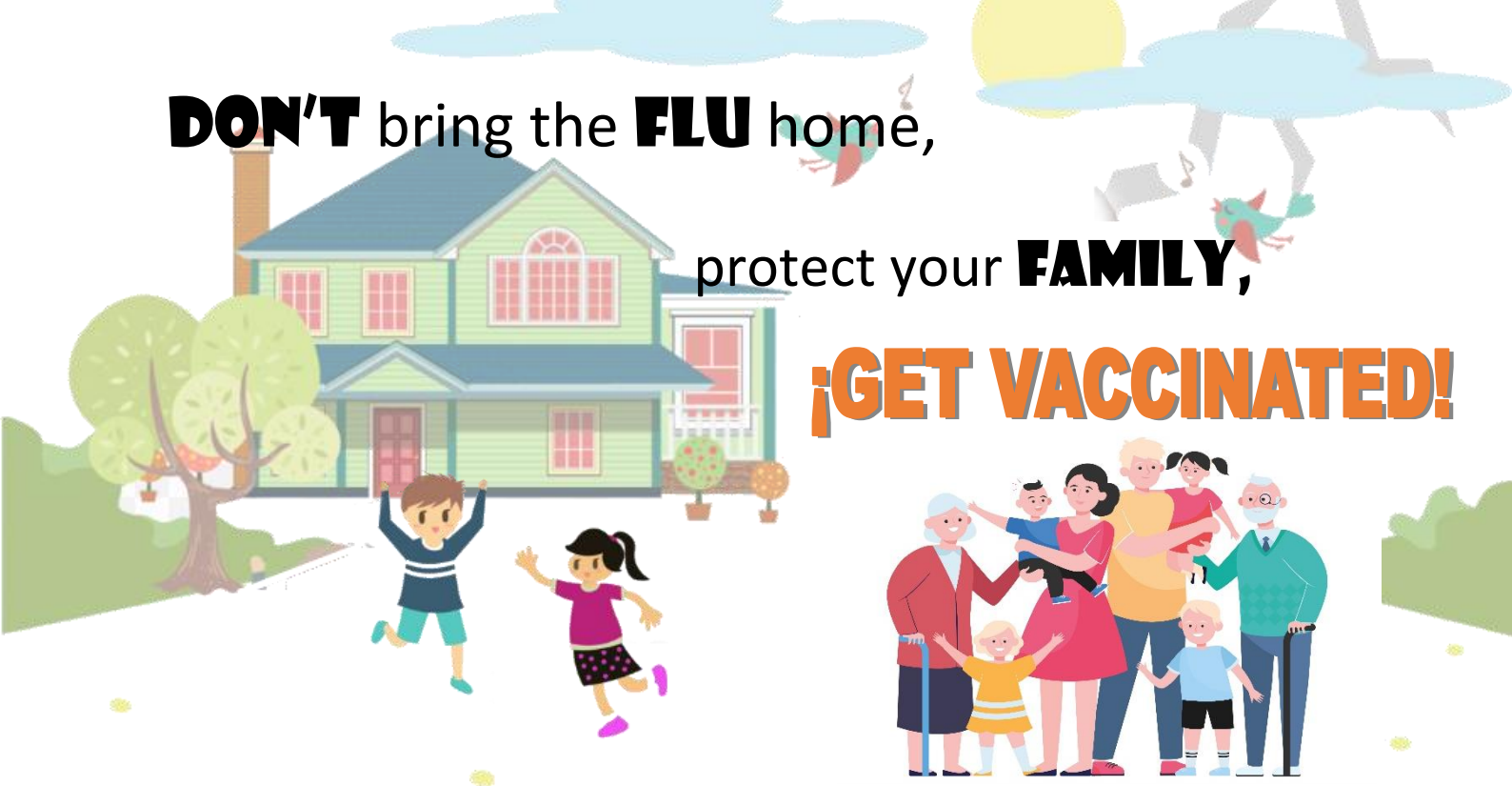


DON'T bring the **FLU** home,

protect your **FAMILY**,

GET VACCINATED!



What?



Flu is an acute and contagious respiratory disease. It is transmitted from person to person by secretions of infected patients when coughing, speaking, or sneezing.

Why?

You are the reason: Getting a flu vaccine helps us to ensure our safety.

- Vaccines save five lives each minute, and two or three million each year.
- Vaccines activate the body's natural defences to resist against specific infections.
- Vaccines prevent complications in people with chronic health conditions.
- Vaccines strengthen the immune system.
- Vaccines help prevent flu's spread.
- Vaccines reduces the risk of hospitalization.



Who?

People aged 6 months and over can get vaccinated. The vaccine is specifically recommended for: pregnant women, people aged 65 years and over, people with chronic diseases, smokers, mothers with babies under 6 months, immunocompromised and people who work or live with them.



When?

Getting a flu shot every year is recommended because viruses are constantly changing.



IT TAKES JUST A FEW MINUTES TO PROTECT YOURSELF AND THE PEOPLE AROUND YOU